

RESPONDERSTRONG™

As part of the nonprofit [NDRI Ventures](#), ResponderStrong is committed to providing the Emergency Response community (career and volunteer) an easily accessible and navigable system of supports to improve their life expectancy and wellbeing from hire through retirement. We invite you to explore our [Resources](#) and [Programs](#) on our website.

ResponderStrong.org Our mental health and resiliency ecosystem for Responders and their families designed to improve awareness, spark conversation, guide to vetted clinical resources, and provide tailored educational content including relationship and communication skills, occupational mental health and suicide awareness, and resiliency skills.

[ResponderStrong.org](#)

ResponderStrong Mental Health Curriculum

Train the Trainer workshops - our mental health curriculum, created by Responders for Responders, covers the physiology of stress, stress injury formation, occurrence of stress injuries among our professions, suicide awareness and prevention, and resiliency. The Train the Trainer is offered free to agencies and Responders, empowering local wellness champions with the knowledge and tools to teach this engaging and relevant content. More than 2,000 facilitators have been trained across the country.

[ResponderStrong.org](#)

YOU I ResponderStrong A free, confidential wellness tool available to Frontline Medical Workers, Emergency Responders, and their families. Burnout has been identified as one of the greatest challenges of frontline workers and their families. Consistent self-care practices integrated into daily routine are an effective way to boost resiliency and heal. This browser-based tool allows users to create their own self-guided experience via private self-assessments; vetted, evidence-based wellness content; coaching; goal setting; habit building; personal stories; and support resources.

[YOU.ResponderStrong.org](#)

All Clear Foundation Resource Directory

A comprehensive directory of vetted resources compiled by the All Clear Foundation team. This database includes organizations, programs, resources, and tools benefiting Emergency Responders and their families.

[ResponderStrong.org/acf-directory](#)

Responding to Relationships Created in partnership with the Center for Relationship Education, this program offers more than 40 relationship and communication skill modules tailored to the Emergency Responder experience. Content is available in a variety of formats including in-person, train the trainer, on-demand (**RESPOND Online**). Positive impacts from this education and experience can be seen in both the workplace and home life.

[ResponderStrong.org/respond-online/](#)

Strategic Partnerships We continue to identify and work with strategic partners to amplify our impacts on the overall wellness of Responders and their families. Engaged partners include: Sigma Tactical Wellness, Center for Relationship Education, National Emergency Responder and Public Safety Center, TC Energy, Teledyne FLIR, FirstNet built by AT&T, Global Medical Response, Uniform Advantage, and the International Public Safety Data Institute.

